

**THE NURSING MOTHERS COMPANION: REVISED
EDITION**

Belle Faber

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The Nursing Mother's Companion: Revised Edition: Kathleen Huggins: ygedozibas.tk: Books

The Nursing Mother's Companion has ratings and reviews. respected and recommended by professionals and well loved by new parents for its encouraging and accessible style. Paperback, 20th Anniversary Edition, pages.

The Nursing Mother's Companion by Kathleen Huggins

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I now recommend this book to anyone who plans to nurse. Pretty decently well-organized and a lot of fairly detailed tips for various situations. It helped me through the beginning of nursing when it didn't seem like I had enough milk, and later to when I prepared to go back to work.

If you or anyone you know is nursing, get this book! The results are simply not as conclusive as those of studies of controlled groups. Happy Mom less stress. For lack of a better word, this book takes a very "medical" approach to breastfeeding, so there are lots of discussions about how many ounces and ml's a baby should be getting and how much weight they should be gaining.

I got free help from the agency they listed yes, a woman actually came to my house on April 9, If you are able to put aside the agenda and bias of the author, this book can be a very useful tool to new mothers or mothers who had previously attempted and failed to successfully breastfeed their infant.