

# **HOW TO DEAL WITH ANNOYING PEOPLE**

**Steven Dacquisto**

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Realize that annoying people are inevitable. You can't always walk away. It's not always a matter of simply associating with different people.

### **How to Deal with Annoying People | Psychology Today**

You need a somewhat flexible strategy to cope with annoying people. A review of the relevant parameters and various options can help you.

### **Eight Ways to Cope with Annoying People | Psychology Today**

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Something that we struggle with daily, that eats us up and causes stress and anger: annoying people. You know those people. They cut in line.

How to deal with the people who drive you nuts, from Ed Bacon, author of Eight Habits of Love.

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The importance of the relationship to each party matters a great deal; importance typically favors engagement over avoidance, but dependence can favor avoidance if engagement could lead to a disruption or termination of the relationship. Some things you can do to ensure good self-care include:  
I went into a cafe recently there were 4 chairs at the table all taken the cafe was full  
There is likely a good reason why your mom's sister is staying with her, and there are probably real reasons why she is unhappy that you just don't know. If not, then they are also rude! Self-reflection can help us appreciate that other people are operating in contexts.  
I'm a little confused, why are good women supposed to stay silent and put up with it?  
is a classic kind of annoying person... the one who is always looking to one-up you. Instead, it insists on not being annoyed, on neither caving nor avoiding, in short, on going about your business.